

Introduction to SHAMANISM

Jonathan Horwitz, an anthropologist and shaman, gives since several years courses at Tokalynga Teaterakademi in south-west of Sweden. In the summer 2010 the **extended introduction course** will take place between Thursday 22 and Sunday 25 July 2010.

Jonathan is a very experienced teacher of Shamanism. He is warm, wise and witty. Originally from the US, he collaborated with Michael Harner. Nowadays he lives in Denmark. Teaching will be in English.

Tokalynga is beautifully situated by forests and a wonderful river.

Price: 3450 Sw cr. Includes food - vegetarian – and accommodation.

A few words about the event: **”The extended basic course”**:

”The Shaman’s journey.

Shamanism is humanity’s oldest spiritual practise, a tradition for healing and problem solving. It is a way of maintaining balance in the individual, and between the individual and the rest of creation. During this basic course, participants will be introduced to some of the main ideas and methods used for thousands of years by shamans around the world.

Shamanism is not limited to native Americans or other exotic cultures. Northern Europe also has an ancient shamanic tradition, and we all have - as human beings - the ability to work shamanically.

The main emphasis of the course is on the shaman’s journey to the world of the spirits. Participants will learn to use the traditional methods of singing, dancing, and drumming to shift consciousness, meet their spirit helpers, and explore the spirit world.

In this other reality, one can gain power and knowledge for oneself and others, and touch the spirit side of nature. Basic shamanic healing will also be taught. In the circle, we will share the experiences of the journeys, and learn how to understand them. We will look closely at the ethics of shamanic work, and see how shamanism can empower our everyday lives.”

Jonathan Horwitz

You apply to the course by paying 700 Sw cr to the Teater Albatross Bank account (Falkenbergs Sparbank) 8060-6, 183 029 320-3. IBAN: SE 25 8000 0806 0618 3029 3203. BIC: SWEDSESS You’ll then get a letter of introduction, and you should bring the rest of the money - 2750 Sw cr - to pay it cash at Tokalynga when you arrive to the course.

Please call the organizer of the course, Carin Westman, tel 0046 31 7752630 or 0046 707592282 if you have any questions!

Carin’s e-mail is: carinebba@gmail.com

Address: Carin Westman, Dahlströmsgatan 28, 414 65 Göteborg, Sweden.

Ps. The Course begins at 18.00 o’clock Thursday and ends on Sunday around 17.00 o’clock.